



ECE 2023

25th European Congress of Endocrinology

13 - 16 May 2023, Istanbul Turkey

Preliminary Programme



ECE 2023



25th European Congress of Endocrinology

Dear Colleague,

It is with great pleasure that the Programme Organising Committee and Local Organising Committee invite you to join us for the 25th European Congress of Endocrinology (ECE). We hope you will join us to celebrate the landmark 25th ECE together! We will be convening over four days filled with the latest endocrine research and developments at the Halic Congress Center, İstanbul, Turkey.

Attracting over 4000 delegates, from more than 100 countries, ECE continues to develop as a world-leading congress for endocrine specialists. As many of us work within a number of areas of research and see patients with a wide range of conditions, the benefit of ECE is that you can access a comprehensive programme covering the breadth of the speciality.

Our continued aim is to further the understanding and application of endocrine science within our community: ultimately benefiting the lives of patients. Whatever your interest there will be sessions that are of direct relevance, as well as extensive networking opportunities.

ECE 2023 will feature talks from leading names in our field who will explore some of the most topical and controversial issues in endocrine research and practice. The programme is organised so that you can easily find the topics which will appeal to you and these are defined through the following eight ESE Focus Areas:

- Adrenal and Cardiovascular Endocrinology
 Environmental Endocrinology
- Calcium and Bone
- Diabetes, Obesity, Metabolism and Nutrition
- Endocrine-related Cancer

- Pituitary and Neuroendocrinology
- Reproductive and Developmental Endocrinology

ECE 2023 is on track to be the best Congress yet, with its hybrid offering, which enables delegates from all over the world to access our cutting-edge content online from any location. However, by joining us in Istanbul, you will have the opportunity to not only network face-to-face with colleagues from the endocrine community but also to explore all that Istanbul has to offer, Istanbul is world-famous for its rich history and culture, stunning scenery and magnificent structures.

We encourage you to participate in ECE 2023 by submitting an abstract, registering for one of the pre-congress events and, of course, attending the Congress itself. The Society of Endocrinology and Metabolism of Turkey (SEMT) will be holding its 44th Congress and AGM on 12-13 May at the Marmara Taksim ahead of ECE 2023. ESE would like to warmly welcome members of the Society who are attending this National Meeting to also attend ECE 2023. Please contact the Society of Endocrinology and Metabolism of Turkey for further details or visit http://www.temhk.org/.

We look forward to welcoming you onsite in Istanbul or online via ECEaHome.

Cynthia Andoniadou

George Mastorakos

ECE 2023 Clinical Co-Chair

ludith Favier

ECE 2023 Basic Co-Chair

Ayşegül Atmaca

ECE 2023 Local Organising Committee Chair



ECE 2023 Programme Organising Committee

Cynthia Andoniadou (UK) ESE Congress Committee Chair George Mastorakos (Greece) ECE 2023 Clinical Co-Chair ludith Favier (France) ECE 2023 Basic Co-Chair Avsegül Atmaca (Turkev) ECE 2023 LOC Chair Bjorn Olav Asvold (Norway) Sigridur Biornsdottir (Sweden) Martin Blomberg Jensen (Denmark) Cesar Boguszewski (Brazil) Luca Busetto (Italy) Justo P. Castaño (Spain) Antonio Cittadini (Italy) Karine Clement (France) Barbara Demeneix (France) Monica Dentice (Italy) Ulla Feldt-Rasmussen (Denmark) Dong-Jun Lim (South Korea) Olle Kämpe (Sweden) Eva Diamantis Kandarakis (Greece) Niki Karavitaki (UK) Josef Köhrle (Germany) Aleksander Kus (Poland) Barbara Obermayer-Pietsch (Austria) Duarte Pignatelli (Portugal) Toni Vidal Puig (UK) Christian Strasburger (Germany) Say Viengchareun (France) Leonie Young (UK)

EX OFFICIO MEMBERS

Martin Reincke (Germany) ESE President

lérôme Bertherat (France) ESE President-Elect

Diuro Macut (Serbia) ESE Treasurer

Simona Glasberg (Israel) ESE Rare Disease Committee Chair Iuan Manuel Iiménez-Vacas (Spain)

EYES Representative Wiebke Arlt (UK) EJE Editor-in-Chief

Adrian Clark (UK) Endocrine Connections Editor-in-Chief

Darko Kastelan (Croatia) ECE 2024 POC Clinical Co-Chair

Suzanne Dickson (Sweden) ECE 2024 POC Basic Co-Chair

Nicole Reisch (Germany) Endo ERN Representative

Mehul Dattani (UK) ESPE Representative

Corin Badiu (Romania) ECAS Representative

Local Organising Committee

Ayşegül Atmaca (Samsun) LOC Chair Bariş Akinci (Izmir)

Yüksel Altuntaş (Istanbul) Özlem Çelik (Istanbul)

Mustafa Cesur (Ankara) Melek Eda Ertörer (Adana) Mustafa Saït Gönen (Istanbul)

Sibel Güldike (Edime) Fahrettin Kelestemur (Istanbul)

Mustafa Kulaksizoğlu (Konya) Ibrahim Sahin (Malatya) Ilhan Satman (Istanbul)

Yusuf Alper Sönmez (Ankara) Dilek Gogas Yavuz (Istanbul) Okan Bülent Yildiz (Ankara)

Programme Features

The Pre-Congress Courses complement the scientific programme, check out the website for the latest information on these.

The European Women in Endocrinology Group (EUWIN) launched in 2022 to create and improve opportunities and diversity for women in the field and across ESE. The EUWIN reception will return for ECE 2023 offering an opportunity to meet and share experiences and to find out how the group can continue to give support.

European Hormone Day returns for its second year raising awareness of the significant role hormones play in health and wellbeing.

The ECE 2023 Daily Spotlights are a great way to keep updated on what has happened during the congress and what's to come. These take place every day and will be live streamed.

Also included are several networking opportunities and updates including the New Members welcome, a celebration of 15 years of ERCUSYN, the EYES Social as well as the ESE AGM.



Programme Highlights

The full programme is available at www.ese-hormones.org/ece2023

PLENARY SESSIONS

PLENARY 1

Care of childhood cancer survivors

Stephen Shalet (UK)

PLENARY 2

Diagnosis and management of paraganglioma William Young (USA)

PLENARY 3

Novel form of hypophysitis: new kids on the block

Yutaka Takahashi (Japan)

PLENARY 4

Pituitary tumours: genes, microenvironment and future prospects

Marta Korbonits (UK)

PLENARY 5

PCOS - the many faces of a disease in women and men

Bulent Yildiz (Turkey)

PLENARY 6

Foetal and neonatal thyroid axis deficiency

Juliane Léger (France)

AWARD LECTURES

GEOFFREY HARRIS AWARD LECTURE

Translational neuroendocrinology at the crossroads of reproduction and metabolism

Manuel Tena-Sempere (Spain)

EUROPEAN JOURNAL OF ENDOCRINOLOGY AWARD LECTURE

Genes on steroids: genomic control of metabolism and innate immunity by the glucocorticoid receptor Nina Henriette Uhlenhaut (Germany)

EUROPEAN HORMONE MEDAL LECTURE

Bone and mineral disorders from bench to clinic and back Maria Luisa Brandi (Italy)

EUROPEAN ENDOCRINE NURSE AWARD LECTURE

Raising the profile of endocrine nurses

Cecilia Follin (Sweden)

TRANSATLANTIC ALLIANCE AWARD

The endocrine basis of stress. its implications, and its management

George Chrousos (Greece)

CLINICAL ENDOCRINOLOGY IOURNAL FOUNDATION AWARD LECTURE

Chronotherapy in congenital adrenal hyperplasia Richard Ross (UK)

IENS SANDAHL CHRISTIANSEN AWARD

BASIC: Altered splicing process in metabolic (dysregulation)-associated fatty liver disease (MAFLD) progression

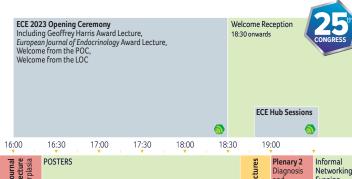
Manuel Gahete (Spain)

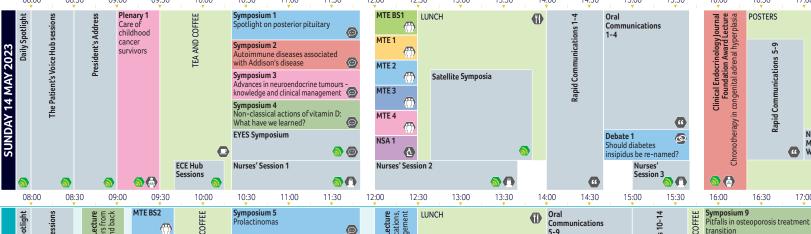
CLINICAL: The effects of the hormone insulin in the human brain

Martin Heni (Germany)

IN-PERSON SATURDAY 13 MAY 2023 **PROGRAMME OVERVIEW** All times shown are in local time – Central European Summer Time (CEST) plus one hour Full programme available at www.ese-hormones.org/ece2023 Sessions marked \ will be live-streamed 08:00 08:30 09:00 09:30 10:00 10:30 11:00 12:00 11:30 MTE BS1 Plenary 1 COFFEE Symposium 1 Daily Spotlight Care of Spotlight on posterior pituitary childhood MTE 1 cancer AND Symposium 2 **SUNDAY 14 MAY 2023** survivors Autoimmune diseases associated Ā with Addison's disease MTE 2 Symposium 3 Advances in neuroendocrine tumours -MTE 3 knowledge and clinical management Symposium 4 Non-classical actions of vitamin D: MTE 4 What have we learned? M **EYES Symposium** NSA 1 (4) **ECE Hub** Nurses' Session 1 Sessions **60** 08:00 08:30 09:00 09:30 10:00 10:30 11:00 11:30 12:00 MTE BS2 COFFEE Symposium 5 Medal Lecture Il disorders from o clinic and back Daily Spotligh Prolactinomas **(2)** AND MTE 5 Symposium 6 Role of ambient temperature **(** in human physiology







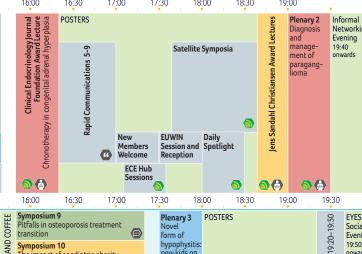
(

@

(

11:30

MTE BS3



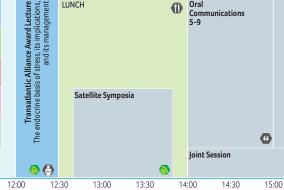
Novel

form of

hypophysitis









Symposium 10

ESE Guidelines

Š

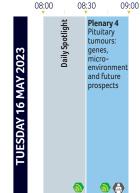
Rapid (

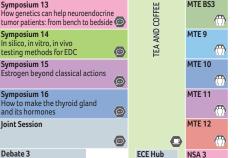
0

6

@ **9**







loint Session

Debate 2: Testosterone

aging male: curse or blessing?

11:00

supplementation for the

0

ECE Hub

Sessions

10:00

@

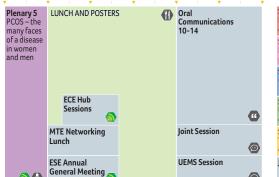
NSA 2

(4)

09:30

Symposium 13

6



(ESE Members only





Lunch



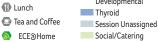
Cardiovascular

Social

Event

19.50





Sessions

Join ECE 2023

Following the success of the hybrid format introduced at ECE 2022 we will be offering again two registration types to ensure as many people as possible are able to attend the Congress, regardless of their location.



IN PERSON

Join us in Istanbul to connect with peers

and world-renowned speakers face-to-face, as well as visiting the live exhibition to find out about the latest developments from industry. You can ask questions directly during sessions and network with colleagues from overseas. You can also enjoy access to all of the recorded content as soon as it is available via ESE On Demand.



ECE®HOME

ECEa Home allows colleagues unable to join us in person to get a flavour of the Congress experience

from the comfort of their own home! Selected talks will be live streamed* so you can be part of the action in Istanbul and ask questions through the Congress platform which will be answered live. The Plenary sessions, prestigious Award Lectures, the Nurses' programme and EYES sessions, the Patient's Voice Hub sessions. selected industry-sponsored satellite symposia and ECE Hub Sessions and the Daily Spotlights will all be available to view in real-time. What's more, you will be able to catch up on all the other sessions at a time that suits you via ESE On Demand. Talks will be made available to non-members who registered for ECE for 60 days following the Congress, with ESE Members who registered for ECE enjoying ongoing access!

*View the ECE@Home programme below for a full list of live streamed sessions.

CME ACCREDITATION

ESE will be applying for accreditation from the European Accreditation Council for Continuing Medical Education (EACCME®) for ECE 2023. CME points are available for those attending in person and online, live on ECEa Home and online on ESE On Demand for up to two weeks after the Congress.

ESE MEETING GRANTS

ESE members can apply for a Meeting Grant, Basic Science Meeting Grant or a Nurse Grant (each worth up to €400) which can be used towards the cost of attending ECE in person. To find out more information about Grants available please visit the ESE website at www.ese-hormones.org/grants.

ESE MEMBERSHIP

Remember to renew your ESE membership for 2023 to get the member rate for ECE 2023, continue to enjoy the many benefits ESE membership provides and stay connected with the endocrine community.

ECE 2023 Opening Ceremony

Welcome from the POC, Welcome from the LOC

Including Geoffrey Harris Award Lecture,

European Journal of Endocrinology Award Lecture,

Submit an Abstract

Do you have an interesting or challenging case that would improve others' ability to treat endocrine disease? Or a piece of cutting-edge research that would advance the understanding of endocrinology? Don't miss the chance to submit your latest work to the premier European endocrinology congress.

Visit www.ese-hormones.org/ece2023 for more information on how to prepare and submit your abstract using our simple online submission system. The deadline for abstract submission is Monday 23 January 2023.

FOCUS AREA KEY

Calcium and Bone

& Nutrition

Environmental

Reproductive and

Developmental

Session Unassigned

Social/Catering

Plenary Session

Nurses' Session

Pituitary and Neuroendocrinology

Thyroid

Adrenal and Cardiovascular

Endocrine-related Cancer

Diabetes, Obesity, Metabolism

ECE Hub

Sessions

ECE ® HOME **PROGRAMME OVERVIEW**

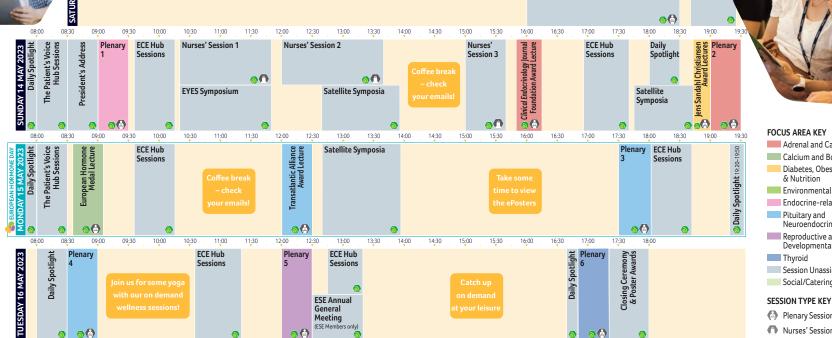


Broadcast live from Istanbul, Turkey

Live streams take place in local time (Central European Summer Time (CEST) plus one hour).

Following the success of live streaming programme content in 2022, a selection of sessions within the ECE 2023 programme will be available live to those who register for the ECEA Home option. You will also be able to access all of the programme content on ESE On Demand as soon as it is available (usually one to two hours after the live session) - all from the comfort of your own home.

The full programme is available at www.ese-hormones.org/ece2023



Welcome to Istanbul

We are delighted to welcome you to the 25th European Congress of Endocrinology.



GETTING TO ISTANBUL

Istanbul has two airports: the most commonly used and larger of the two is Istanbul airport (IST) on the European side. The smaller one is Sabiha Gokcen Airport (SAW) on the Asian side.

Both airports are a 30 - 40 minute taxi ride to the Haliç Congress Centre subject to traffic.

The city is connected through a public transport system including Metro, bus and tram.

Uber is also integrated into the city taxi service and makes ordering a car simple.

Information correct as at 13 December 2022.

WHERE TO STAY

A wide range of accommodation is available at reduced rates exclusively for ECE 2023 delegates. All hotels are located within a reasonable distance from the Congress venue, with good transport links across the City. A full list of accommodation is available on the ECE website (Accommodation Page).

Book online at

www.ese-hormones.org/ece2023

to ensure you receive your exclusive ECE 2023 rate, along with priority 'preferred guest' booking at some of Istanbul's top hotels.

THANKS TO OUR CORPORATE MEMBERS

ESE would like to thank its Corporate Members for their ongoing support:

PREMIUM CORPORATE MEMBERS:











CORPORATE MEMBERS:

Abiogen
Alexion Pharma GmbH
Diurnal
HRA Pharma Rare Diseases
Kyowa Kirin International
Uni-Pharma S.A.

CORPORATE SUPPORTERS: Crinetics Pharmaceuticals

Soleno Therapeutics

Corporate Member list correct at time of print 13 December 2022



ECE 2023 Congress Team Starling House 1600 Bristol Parkway North Bristol, BS34 8YU, UK Tel: +44 (0)1454 642 240 Fax: +44 (0)1454 642 222

